

GHB



GHB CONTENT

◇ What is GHB?

◇ History

◇ How is GHB Consumed

◇ What are the Effects

◇ Low Dose Effects

◇ High Dose Effects

◇ Testing for GHB

◇ Useful Links





WHAT IS GHB?



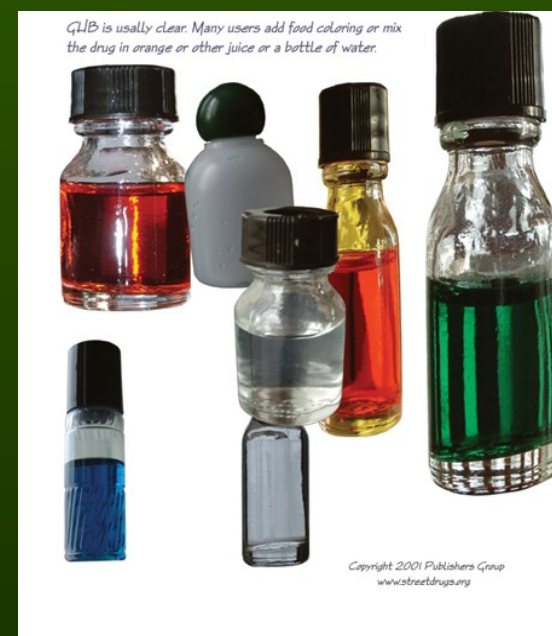
- ***GHB, or Gamma Hydroxylbuteric acid, is classified as a central nervous system (CNS) depressant that sometimes causes hallucinations.***
- ***GHB is usually found as a clear liquid with a slightly salty taste, but can also be found as a small tablet or capsule, all of which dissolve quickly in liquid.***
- ***GHB usually is sold by capful or teaspoon, also known as a “dose”.***

HISTORY of GHB

***1960s** GHB is developed as an anesthetic, but the side effects limit the use.*

***1980s** GHB can be bought in health food stores and use begins to rise amongst body builders due to the myth that GHB has many of the same properties as steroids.*

***1990** The over-the-counter sale of GHB is banned in the United States by the FDA.*



HISTORY of GHB



***1997-1999** Several countries pass laws to control GHB and several individual U.S. States place GHB in Schedules I through IV.*

***2000** GHB becomes a Schedule I drug in the United States.*

STREET NAMES

***Georgia Home
Boy***

Liquid X



GHB Kit
Anonymous Photographer, © 2000 Erowid.org



***Grievous Bodily
Harm***

Goop



HOW IS GHB CONSUMED?



- ¥ *GHB can be found in both a liquid and a powder form.*
- ¥ *Both forms are consumed orally and are sometimes mixed with sweet or strong flavored drinks to help hide the salty taste.*
- ¥ *Both forms dissolve almost entirely in liquids.*
- ¥ *The onset of the effects of GHB occur approximately 1 hour after ingestion, and can be felt for up to 6 hours.*



LOW DOSAGE EFFECTS



Low doses are considered to be recreational doses by those that use, or 1-2 capfuls. The low doses of GHB can cause:

- Hypnotic Consciousness
- Relaxation
- Reduced inhibitions
- Decreased Motor Skills
- Mood elevation
- Mild dizziness
- Increased Sociability

HIGH DOSAGE EFFECTS

High doses of GHB are considered to be 3-4 capfuls or teaspoons. The effects of high doses of GHB have been compared to those of heavy drinking:

- ▣ Increased Sociability
- ▣ Mild Euphoria
- ▣ Slurred Speech
- ▣ Nausea



▣ Grogginess

▣ Vertigo

▣ Visual disturbances / Difficulty

Focusing

GHB TESTING IN THE ARMY

- ***GHB is not regularly tested for within the US Army.***
- ***Contact your local ASAP for assistance and guidance regarding the testing for GHB as special procedures MUST be followed.***
- ***GHB is detectable in urine for approximately 24 hours after initial consumption.***
- ***GHB is detectable in blood for approximately 4 hours after initial consumption.***

ADDITIONAL RESOURCES

- ***<http://www.erowid.org/chemicals/ghb/ghb.shtml>***
- ***<http://www.usdoj.gov/dea/concern/ghb.htm>***
- ***<http://www.dancesafe.org/ghb.html>***
- ***<http://www.health.org>***
- ***<http://www.clubdrugs.org/>***
- ***<http://www.drugs.indiana.edu/druginfo/clubdrugs/>***



UNITED STATES ARMY CENTER FOR SUBSTANCE ABUSE PROGRAMS



**For more Information Contact:
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